**What’s the Truth? Media Literacy and Health Questions for Discussion**

1. When you have a question about a health-related issue, where do you go? What do you think are the most reliable sources of health-related information? Which sources are the least reliable? Explain how you determine the validity of your sources.
2. The media can influence the choices you make about health-related issues. In what ways do websites, movies, TV, magazines, and newspapers, etc., influence your choices? What responsibility do they have to portray accurate health-related information?
3. Think about all the advertisements you see each day – online, on TV, in magazines and newspapers, etc. How do they influence the choices you make about your health? Do you think they have a positive effect on your life, a negative effect, or both?